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Editorial

It is a pleasure for our team to collaborate in this journal's implementation which aims to be a scientific dissemination tool for collective psychology. We intend to carry it out with zeal and thoroughness with the great experience of a group of people within the scope of both professors and researchers.

Our fundamental motivation is to transfer the knowledge generated from research to all those people interested in acquiring skills pertaining to their professional and scientific fields and, moreover, do so without boundaries but addressed to all the peoples of the world while offering a serious and respectful treatment of the information.

The first includes six thematic articles and various methodologies which contribute in forming an interesting scope that it is enriching due to its variety. The first article analyzes the personal characteristics, the motivation for selecting and continuing in the activity, as well as the difficulties faced by bowling referees.

The next article has a neuropsychological type approach that carries out an exhaustive and current analysis of cognitive components affected under a Chiari malformation, as well as a review of the existing literature on the description of the surgical treatment effects for its neuropsychological symptoms.

It addresses the relationship between personality traits and the motivational profile in young people from a radically different scope, taking into account the psychosocial risk incidence in the relationship between two variables. The work's contribution is relevant for company managers, as well as for the workers themselves.

On the other hand, self-esteem can be a mediating variable for the success of rehabilitation processes in schizophrenia. Therefore, this next article validates the Spanish short form of the Self-Esteem Rating Scale (SERS), shown as a useful tool for assessing the different positive and negative dimensions of self-esteem.

The relationship between mindfulness and coaching is also an interesting topic since both promote change through awareness-raising and the customer's responsibility. The following work provides a rigorous review on the uses of implementing mindfulness within the field of coaching with an emphasis on its effect on key processes and competences for the effectiveness of coaching.

The last article discusses the relationship between the levels of depression in men and the presence of a traditional male ideology, as well as the role of alexithymia in said relationship. It explores the demands of the traditional male role in today's society, and how they affect everything related to emotional expression by stressing the importance of being strong and not needing help.

We cannot end this editorial without thanking the Iber-American University Foundation (FUNIBER) and sponsoring Universities for the resources and human support they have contributed so that the first issue of this journal could be published. We would also like to thank the entire team who has supervised and contributed for this project to be realized.

I finish by expressing the entire team's commitment for this journal to become a vessel of international expansion for everyone involved in the scientific world.

Dr. Juan Luís Martín Ayala
Editor in Chief