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Cover: View over the Caribbean Sea (Puerto Rico). Photo: Antonio Pantoja. MLSER is a scientific publication edited twice a year, in June and December.

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SUMMARY

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•	Multiple intelligences and learning difficulties
•	Acute effect of physical exercise on the impulsivity and state of anxiety, in 6-12 years school children with attention deficit and hyperactivity disorder: Systematic review
•	Effects of a creative relaxation program at levels of a motor creativity in preschool education
•	Students with autism spectrum disorder in the educational centres: A case study from the family perspective
•	Influence of self-esteem in children attending 6th grade according to the gender variable

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It is with great enthusiasm that we start this path toward the world of scientific publications, full of challenges and difficulties, which, with determination and collaborative spirit, we are convinced that we will overcome. Indeed, it is the latter that confers more entity to the new journal, the team of people who form it, all of them with experience in previous publications, with concerns, training, and a great work capacity.

Our main interest is to reach out to all the researchers from any country in the world, offering this space to disseminate their research and make it possible for their work to be known. Manuscripts that are received in MLSER are treated equally and anonymously, regardless of their place of origin, subject matter and content, provided that the ethical standards, the drafting and content established by the review are respected.

This first issue includes six articles that deal with varied matters, something usual in research, which can help to diversify the points of view and the interest of a much wider audience. The authorship is collective, with the exception of two of them, who do it on an individual basis. The first one is a bibliography which analyzes the effects of a video game on some cognitive variables of the students and it checks how its use improves the cognitive activity.

Multiple intelligences and learning difficulties are dealt in the following article in the form of a proposal for a program of orientation and psychopedagogical intervention, based on the areas of the tutorial action, the attention to diversity and the academic and professional orientation.

On a totally different level there is the contribution which analyzes the effect of the practice of physical exercise on the behavior in children with attention deficit and hyperactivity disorder (ADHD). To this end, we analyze three longitudinal studies, and the conclusion is that the exercise at the beginning of the class improves behavior, academic performance, the attention and the memory of these students.

Creative relaxation in the form of creative intervention program can influence the levels of creativity in students of pre-school education. To check this, it is posed a study that applies a creative relaxation program to a group of 25 subjects during 10 weeks at a rate of 10-15 minutes a day after the rest time. The results show an increase in the levels of motor creativity, referred to motor fluency, motor originality and motor imagination.

The penultimate article deals with the students with autism spectrum disorder and does so from the family perspective. The research attempts to determine what difficulties have experienced the family members of the students in the educational centers, and it seeks to know what is the satisfaction level of the families with the response received from the education field. It concludes that the specialized care that is offered from the educational centers is insufficient.

Finally, it is analyzed the influence of the self-esteem in the school performance of 6th grade students in accordance with the gender variable. In parallel, it is analyzed the extent to which the personality of each individual can intervene the learning and the role of the teacher in its building and improvement. It concludes by affirming that the self-esteem affects children's school performance and that parents and teachers play a fundamental role in its development.

In conclusion, on behalf of all the Editorial Team, I would like to thank the Iberoamerican University Foundation (FUNIBER) and the different sponsoring universities for

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the provided human and material support that make it possible for this first issue to come to light. All the support and environment configuration that houses the publication has been overseen by a group of computer experts that have been alert at all times to the emerging needs.

I reiterate the commitment of all the Editorial Team with those educational researchers that often work under adverse conditions and who wish to have a means to disseminate the results obtained. MLSER is the appropriate publication to do this due to its international vocation and its commitment to educational change full of innovative contributions. Becoming a transmission vehicle of all these contributions is what our true nature is.

Antonio Pantoja Vallejo Editor in chief

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